

Workshop Presentation

Why Are We Our Ancestors?

(Learn the origin of Unconscious Bias)

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Introduction / Issues OR Introduction and Aims:

Preface

Introduction

There is remarkable freedom gained in understanding why you act the way you do. This freedom will affect every part of your life, from relationships you have, to your feelings about your possessions and the things you do, to the attitudes you have about yours and other peoples place in the world.

You will see how the revelation of the different shared beliefs led us to a new understanding of behaviours in this country, how it contrasts with behaviours in other cultures, and what these differences mean for all of us.

Once you learn your own Instinctive Inheritance, nothing will ever look the same again.



Why you are you (unconsciously)

You are you, because of your inherited Instinctive Belief System (IBS), transferred from your Ancestor to Ancestor over a very long time. A Belief System that established your unconscious thoughts, bias and perspective. Instinctive Belief systems are the stories we tell ourselves to define our personal sense of Reality and awareness. Every human being is born with an Instinctive belief system that has been inherited from their ancestors, and it is through this mechanism that we individually, "make sense" of the world around us. It is this that gives us our gut instincts and the little voice in our head.

Get to know your Instinctive Belief System (IBS)

Knowing your own IBS, you will gain incredible confidence and clarity of your message when engaging with anyone. Even those from a different Mindset. It will release you from uncertainty about what you should be doing and give you the gift of amazing insight into how others are feeling and the way they need you to communicate or build trust.

Understanding the CultuRecode discoveries provides each person with remarkable new tools – a new set of lenses, if you will, with which to view ourselves and our behaviours. It changes the way you see everything around you. What's more, it confirms what we have always suspected is true – that, despite our common humanity, people around the world really do the same things differently. The CultureCode unlocks and works toward decoding the hundreds of ways unconscious perceptions effect the decisions you make every day.

Every day humans receive millions of bits of information. We can consciously process only about 40 bits per second, so 99.999996% of information bits are covered at an unconscious level. Have you ever grabbed a candy bar, chewing gum or a magazine as you purchased your groceries? These well-known “impulse buys” raise an intriguing question: what is *really* driving your decisions? While, on the one hand, you might argue that it is your conscious mind that decides what you buy, what you eat and what you read. On the other hand you'd probably have to admit that those celebrity magazines and salted chocolates weren't actually on your shopping list with the eggs and the bread. So where did the desire to purchase them come from? As we will see in this book, there are a number of forces that operate on your thinking and decisions that you might not even be aware of; all of them being processed by the unconscious. A Culture's Unconscious Belief System and its Instinctive inheritance are like a lock and its combination. If you have many of the right numbers in the right sequence, you can open the lock. Doing so over a vast array of shared values has profound implications. It brings us to the answer to one of our most fundamental questions; why do we act the way we do? ***It affects what makes us happy, loved, valued, confident and at peace.***

The CultuRecode Project have identified specific perspectives, learning styles and processes that evolved from living within a Collective or Individual mindset that are maintained and reinforced daily by each person's parents, carers and family.

We believe an IBS takes thousands of years to be embedded in a person's unconscious thought. The knowledge, teachings and skills (what evolves) of each person is also strongly influenced by geographical environments they live in.

To make personal sense of the world we need to be able to live by our shaped perspective, process needs and motivating Instinctive beliefs to understand everything we see and feel. All Belief Systems utilise symbols to reinforce this perceived Reality (a cross in Christianity for example) or local Totems for Aboriginal Australians.

Your Instinctive inheritance

*Aboriginal people (my mother's people) represent the oldest living continuous culture in the world. A culture that is the **world's purest example** and one of the only living representatives of the Instinctive Belief System all cultures originally started out with (even British Ancestry people). There was also Colonial heritage Australians, representative of the **most dominant Culture** of the modern world who in the last six to ten thousand years have moved away from the Collective first and into a more Individualistic mindset.*

It is the CultuRecode Project's contention that two polar opposite Instinctive Belief System Culture's (IBS), (where unconscious thought originates from), exist in this country. We found one IBS sits with those that have ancestry from Anglo-Saxon, Germanic, Celtic cultures of many Australians. Then we found the other IBS that have ancestry from Indigenous peoples of the world, Pacific Islands, most African, Asian, South American and some Slavic nations.

Collective First compared to Individual First Mindset peoples

To highlight Instinctive inheritance, we focused on Colonialist heritage people as a comparative Belief System to Indigenous peoples. As an Aboriginal person who had worked in multiple positions and experiencing my large extended families Aboriginality each day. I was already clear we thought very differently to Colonial Heritage Australians. It became obvious that there is an urgent need for people as the first step to true empathy, to understand there are different Instinctive Belief Systems in play that are causing people to quit, hate their job, become depressed and give up on their dreams and aspirations.

We have identified multiple Belief System incentive reasonings that occurs between Collective Group Mindset people and Individual Group Mindset people when an action, proposal or decision is required. By isolating these reasonings we found;

1) Collective First Instinct Belief System members think entire group first and then themselves as part of their relationship and responsibilities to their Inner circle. (Are my group happy, so I can be happy?) (Are my group being looked after, so I can feel confident to have fulfilled my responsibility to my Inner circle?) Handed down for over 80 thousand years

2) Individual First Instinctive Belief System members think Individual first and then their relationship and responsibilities to their group. (Am I happy, so I can make my Inner circle happy?) (Am I being looked after, so I can feel confident to have fulfilled my responsibility to my Inner circle?) Handed down for over six thousand years.

For thousands of years' Indigenous people have verbally problem solved in a group around the campfire – no matter how long it took to find a solution. In earlier times, hearing, observing, and memorising were important skills, since all aspects of Ancient Indigenous culture were transferred orally or through example. Storytelling, oratory, and experiential and observational learning are skills that have been perfected over thousands of years in Indigenous cultures.